

PE and School Sport Action Plan

South Tawton Primary School 2019 – 2020



Background - The primary school sport premium investment goes direct to primary school Head Teachers and is designed to support improvements in the quality and depth of PE and school sport. In 2017/18 the amount schools receive each year has doubled.

Key Indicators - The Department for Education vision is that all pupils leaving primary school are physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport. The objective is to achieve self-sustaining improvement in the quality of PE and sport that delivers high quality provision of a balanced and holistic PE and school sport offer. There are 5 key indicators that schools should expect to see improvement across:

1. The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
2. The profile of PE and sport is raised across the school as a tool for whole-school improvement
3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

Funding - Individual schools will receive circa £16K –17K per annum (depending on the number of pupils) which they can use to support these outcomes through various options including; release of staff for CPD, employing specialists to work alongside teachers, cluster work with other schools and partnerships, transport, equipment, hall and pool hire etc.

Created by:  association for Physical Education  YOUTH SPORT TRUST

Supported by:   SPORT ENGLAND  CSPN  UK COACHING  UK active More people
More active
More often

Support for review and reflection - considering the 5 key indicators from DfE, what development needs are a priority for your setting and your students now and why? Use the space below to reflect on previous spend, identify current need and priorities for the future.

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<p>Real PE has begun being implemented across both key stages and on-going staff training continues to be provided</p> <p>Whole school staff trained in using RealPE to plan and teach lessons.</p> <p>Real PE fully resourced and stored in easily accessible location.</p> <p>All children beginning to make progress from personal starting point</p> <p>Daily Dash – this has had a clear impact on children’s fitness levels and was clearly noticeable during sports day. In each KS2 class, all children chose to give it a go.</p> <p>Go Noodle used in classes to help meet the requirement of 30 minutes physical activity a day.</p> <p>Daily aerobics is led by year 6 children at the start of assembly to ensure all children are physically active during the day.</p>	<p>Gymnastics and dance training for all teaching staff - as part of RealPE legacy.</p> <p>New staff to be trained (NQT, Head of School and Year 3 teachers)</p> <p>Assessment of PE to established and implemented throughout the school to impact future planning</p> <p>Use of funding for ‘top-up’ swimming lessons and life-saving skills.</p> <p>Long jump pit to be re-installed to expand children’s experiences of athletic events.</p> <p>All children across the school to have the opportunity to participate in ‘different’ sports or activities e.g. outdoor adventure or circus</p>

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
<p>What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?</p> <p>N.B. Even though your children may swim in another year please report on their attainment on leaving primary school.</p>	87%
<p>What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?</p>	70%

What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	21%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes/No

Action Plan and Budget Tracking

Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for students today and for the future.

Academic Year: 2019/2020		Total fund allocated: £ 17960 (tbc)		Date Updated: 15.09.2019	
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school					Percentage of total allocation: % see below
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:	
Young Sports Leaders (YSL)	Finalise date with Jackie Jarvis for training for year 6 to take place	Included in OCRA membership	Involving children from both key stages in physical activity. Giving all 32 year 6 the opportunity to take responsibility and gain experience of leading	Put timetable in place to organise children. Allow children time to plan to allow them to start activities promptly.	
Real Leaders – part of Real Legacy	Liase with Gill Cameron to organise training for year 5 children.	Included as part of RealPE	All KS1 children will take part in at least 2, year 5 led, active sessions during the week.	Monitor which children participate and target those not participating as much.	
Use of Go Noodle in classes across the school.	Most classes signed up and using programme.		More classes participating in 'active' breaks.	Questionnaire for teachers to assess how many active breaks are taking place per week and for how long.	
Morning aerobics before assembly every morning. Daily Dash	Continue to help organise year 6 children to lead aerobics Continue with daily run. Ensure all children are in suitable footwear.		Children are becoming increasingly more confident and able to run further in the given time. Sports day indicated a much higher level of involvement in middle/long distance races.	Set personal challenges for children. E.g. number of laps completed during Daily Dash. Possible introduction of reward system as added incentive.	

Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement				Percentage of total allocation:
School focus with clarity on intended impact on pupils :	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Real PE	Ensure all teachers are teaching from RealPE programme to achieve progression across the year groups and develop positive attitudes towards physical activity amongst the children.	See below	Feedback from staff and pupils on quality of lessons and skills taught.	
Staff polo shirts and hoodies/sweatshirts to model the correct uniform for PE and build a positive whole-school ethos. New team shirts to be bought for teams during sporting events	Source suppliers and prices. Requests from staff for sizes. Order with chosen company.	£574	All staff wearing suitable clothing for PE.	Teaching staff wearing PE kit to be add to staff policy.
Saints FC Coaches provide specialist coaching across a range of sports for all classes across the school.	Discuss planning with teachers and the sports they would like taught throughout the year.	£3420	Range of sports taught across the school. Feedback from Saints FC coaches and children.	
Real Legacy package continuing to be rolled out across the school. Supporting families to become more physically active and also encourage their children to be active also.	Paula to continue working with staff and families to help raise PE profile across the school.	£3725	Increased number of children becoming involved in after school clubs, due to positive sporting experiences. At least 80% of KS2 to take part in an after school sports club.	Gather data on children participating in KS2 after school sports clubs.

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				% inc above
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Real PE training- Real Gym training for staff	Organised dates with Gill Cameron for Paula Clough to train new or returning members of staff in the teaching of RealPE. All staff to participate in twilight staff meeting for Real Gym training.	Included in priced for RealPE	Take regular feedback from staff on their lessons. Complete lessons observations.	Monitor the teaching of Real Gym across the school.
Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation:
				50%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
RealPlay New PE equipment to allow children access to a broader range of athletic based events such as, hurdles High jump and long jump.	Identify key (10), inactive groups/families Run sessions with the children during school time. After school club for both parents and children to understand how to use the resources Order hurdles and high jump uprights from YPO. Source a company to install the long jump pit and runway. Confirm a price Risk assessment for High Jump, Hurdles and Long Jump to be completed and issued to all staff.	Included in cost of RealPE Hurdles: £175 High jump uprights: £190 Long jump pit and runway: £6000 (estimate) + £1000 from PTA?	Targeting inactive families. Take feedback from parents. Complete active questionnaire before and after RealPlay. Use of athletics equipment during KS2 sports day. Feedback from children and parents. Equipment ordered (TBC) Scarves, benches x 2, high jump stands, plastic footballs, hoops, beach balls, medicine balls = £715.80	Adult to lead groups and training for children

<p>Year 6 children to take part in swimming top-up lessons or life-saving/self-rescue.</p> <p>Children across the school to participate in a wider range of physical/adventurous activities such as those suggested below: Year R and 1 - circus skills Year 2 – Scooters skills and proficiency Year 3 and 4 - Climbing and abseiling Year 5 - Orienteering Year 6 - Paddle boarding</p> <p>OCRA membership – provides the children with various sporting festivals and competitions across both KS1 and KS2 including inter-school football and netball matches (buses provided so all children are able to attend these matches).</p>	<p>Contact the leisure centre to arrange dates for the additional lesson and confirm cost.</p> <p>Contacted providers, awaiting prices and to negotiate dates and prices. Circus skills: Scooters: Climbing/Abseiling: Orienteering: Paddle boarding:</p> <p>Ensure all staff has a copy of the events calendar.</p>	<p>£500</p> <p>£1800</p> <p>£400</p>	<p>Feedback from coaches and staff. Collect percentage of children who can perform safe self-rescue.</p> <p>Feedback from staff and pupils</p>	
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Key indicator 5: Increased participation in competitive sports				Percentage of total allocation:
				% inc above
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
OCRA membership	Calendar to be printed for every staff member. Children given the opportunity to attend each event for their year group.	As above	Staff questionnaires Calculate percentage of children participating in competitive sport. Aim for at least 75% participating in a minimum of 2 competitive sports.	
Young Sports Leaders	See above	Inc in OCRA membership		
Devon Ability Games (PP/SEN children)	Teachers to choose which children will attend.		Percentage of children taking part in physical activity before YSL beginning and after. Less confident children are given the opportunity to try different athletic events in a non-threatening, friendly environment.	